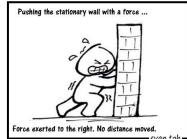
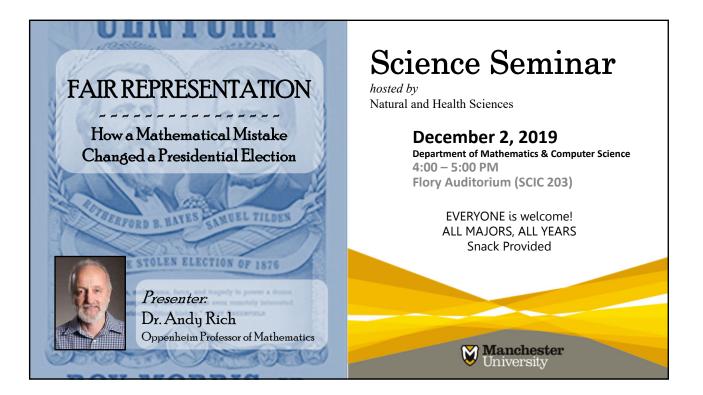
PHYS 210 - General Physics I







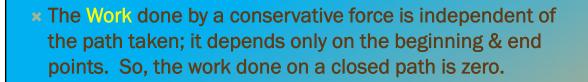
- Base Groups
- Work
- Work energy theorem



Base Groups!

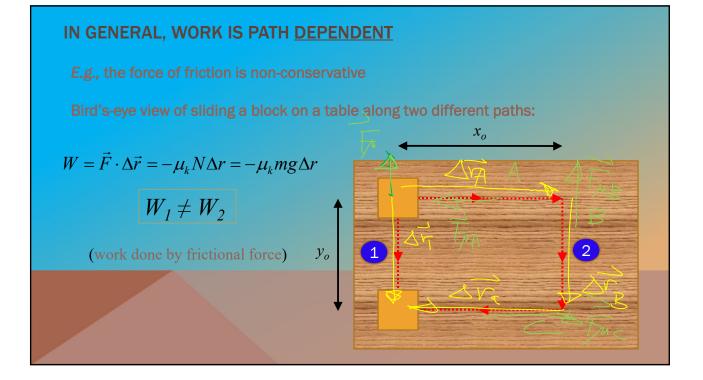
- BGDG What is your favorite thing to do over long holiday breaks? What's the most exciting thing you will do before the year is over?
- BGWS
- Last RQ!

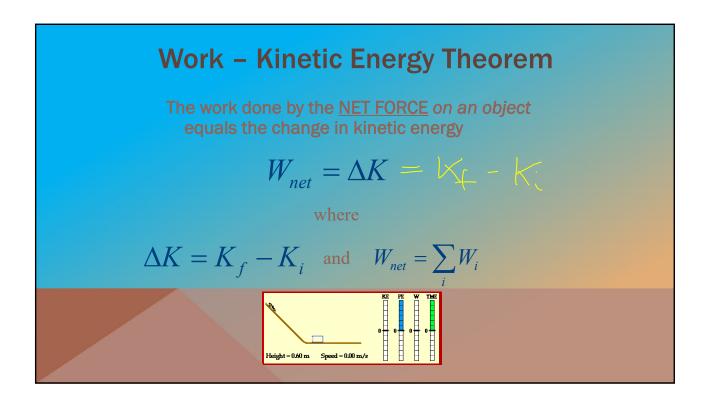




Such forces can be written in terms of a potential energy function, U, such that

$$\Delta U = -W = -\int_{x_0}^x F(x) dx$$





Example:

- A cave rescue team lifts an injured spelunker directly upward and out of a sinkhole by means of a motor-driven cable. The lift is performed in three stages, each requiring a vertical distance of 10.0 meters:
- (a) the initially stationary spelunker is accelerated to a speed of 5.00 m/s,
- (b) she is then lifted at the constant speed of 5.00 m/s,
- (c) finally, she is decelerated to zero speed.
- How much work is done on the 80.0 kg rescuee by the force lifting her during each stage?

